

Variable	Mean	SD	Min	Max
Age	38.5	12.5	20	65
Gender	0.5	0.5	0	1
Marital status	0.5	0.5	0	1
Education	12.5	2.5	9	16
Income	1500	500	500	3000
Health status	0.5	0.5	0	1
Smoking status	0.5	0.5	0	1
Alcohol consumption	0.5	0.5	0	1
Exercise frequency	0.5	0.5	0	1
Stress level	0.5	0.5	0	1
Sleep quality	0.5	0.5	0	1
Work satisfaction	0.5	0.5	0	1
Life satisfaction	0.5	0.5	0	1
Overall health	0.5	0.5	0	1
Physical activity	0.5	0.5	0	1
Mental health	0.5	0.5	0	1
Social support	0.5	0.5	0	1
Work-life balance	0.5	0.5	0	1
Financial stability	0.5	0.5	0	1
Family harmony	0.5	0.5	0	1
Personal growth	0.5	0.5	0	1
Community involvement	0.5	0.5	0	1
Environmental awareness	0.5	0.5	0	1
Cultural appreciation	0.5	0.5	0	1
Artistic expression	0.5	0.5	0	1
Volunteer work	0.5	0.5	0	1
Charitable contributions	0.5	0.5	0	1
Philanthropic activities	0.5	0.5	0	1
Leadership roles	0.5	0.5	0	1
Networking opportunities	0.5	0.5	0	1
Professional development	0.5	0.5	0	1
Continuous learning	0.5	0.5	0	1
Adaptability to change	0.5	0.5	0	1
Resilience to stress	0.5	0.5	0	1
Emotional regulation	0.5	0.5	0	1
Interpersonal skills	0.5	0.5	0	1
Conflict resolution	0.5	0.5	0	1
Decision-making skills	0.5	0.5	0	1
Problem-solving abilities	0.5	0.5	0	1
Time management	0.5	0.5	0	1
Organization skills	0.5	0.5	0	1
Communication skills	0.5	0.5	0	1
Teamwork abilities	0.5	0.5	0	1
Leadership qualities	0.5	0.5	0	1
Networking skills	0.5	0.5	0	1
Professional growth	0.5	0.5	0	1
Continuous improvement	0.5	0.5	0	1
Adaptability to change	0.5	0.5	0	1
Resilience to stress	0.5	0.5	0	1
Emotional regulation	0.5	0.5	0	1
Interpersonal skills	0.5	0.5	0	1
Conflict resolution	0.5	0.5	0	1
Decision-making skills	0.5	0.5	0	1
Problem-solving abilities	0.5	0.5	0	1
Time management	0.5	0.5	0	1
Organization skills	0.5	0.5	0	1
Communication skills	0.5	0.5	0	1
Teamwork abilities	0.5	0.5	0	1
Leadership qualities	0.5	0.5	0	1
Networking skills	0.5	0.5	0	1
Professional growth	0.5	0.5	0	1
Continuous improvement	0.5	0.5	0	1

39